

**TONSILS AND ADENOIDS:** The tonsils are located in each side of the throat. The adenoids are located in the back of the nose. They are part of the immune system, however, removing them does not lower your resistance to infection.

**TONSILLECTOMY AND ADENOIDECTOMY:** May be recommended by your doctor to eliminate the source of repeated ear, nose, or throat infections. This procedure may also be recommended for snoring and obstruction of the upper airway. It is usually performed under general anesthesia as outpatient surgery. The tonsils and adenoids are removed through the mouth.

